



Intergroup Bulletin



The monthly online bulletin of the Sioux Falls Area Intergroup of Alcoholics Anonymous

November 4th, 2007

Please print and distribute for your AA Group!

Sioux Falls Area Intergroup
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Sioux Falls, SD 57101-0182

www.siouxfallsaa.org
info@siouxfallsintergroup.org
24-Hour Helpline: 605-339-4357

Annual Intergroup Holiday Party Speaker Meeting & Winter Fundraiser Saturday, December 8th

Doors Open: 5:30PM

Speaker Meeting: 7:30PM (AA & Al-Anon)

Raffle, Auction, and Santa at 9:00pm

Dance with DJ: 10pm – 12:30am

**At the Nordic Hall
218 W 13th St
Downtown Sioux Fall, South Dakota**



Grateful It Can Get Better

Thanksgiving 2005 was an unhappy holiday for me. I don't think I can imagine or even put into words just how bleak that November was. The real irony was that Thanksgiving used to be my favorite holiday. But not in 2005. I was not meant to enjoy Thanksgiving that year.

As I prepare for Thanksgiving 2007, I am brimming with excitement! Even though my family is far away, and I'll be at work for most of the day, I know that this year I have countless blessings. I mean, I literally could not count them if I had all the time in the world. I've even started writing daily gratitude lists!

What made the difference between 2005 and 2007? Well, first I'm sober today, and that makes all the difference! But my change of attitude did not start the moment I stopped drinking. The Big Book talks of a "psychic change," which I tried to dissect, analyze, and reproduce for years, with no luck. Little did I know that, for me, the psychic change was cleverly hiding within the 12 steps of our suggested program!

Specifically, Step Two: "Came to believe that a Power greater than ourselves could restore us to sanity". I've heard people go on and on forever about this step. I wasn't too thrilled about Step Two the first time I heard it. I always wanted to make Step Two some complicated thing (you know, with candles and chants and memorized prayers and crying, etc...) until I heard my sponsor break it down for me in this way:

Sponsor: "Do you think your life can get better?"

Me: "Yeah."

Sponsor: "Good. Let's look at Step Three."

With that simple declaration that "I think my life can get better", I was ready to move on. The more I think about that short conversation, the more I realize he was right. If I think my life can get better, and I've already accepted that Step One is true in my life, then something inside my soul must already be connecting with the Power that can make it better. Step Three gives me a prayer to say, but Step Two gave me the New Attitude. It is when I say, "My life will NEVER get better," that I have lost all hope and am probably in danger of living the way I used to live - depressed, lonely, and drunk.

So today when I look back I realize that the material world around me hasn't changed all that much. But I can be GRATEFUL that I have a new attitude to see life as an opportunity for God to "make it better" each day.

Brad S.

Care to share your experience, strength, and hope with others in our monthly online blog. Send your submissions to blog@siouxfallsaa.org or attend a monthly web committee meeting for more information.

New Printed Meeting Schedules Now Available

Please send an Intergroup Representative to our monthly meeting to pick up copies for your group.

Website Update

The web committee is currently working on a new tab that features member contributions to blog@siouxfallsaa.org

Upcoming Events

November 9th, 10th, and 11th NW Iowa Pre-Winter Rally
Village West Resort, Spirit Lake Iowa, \$17 Registration

November 11th Westside AA Pancake Breakfast
Westside Alano Club 1509 W 1st St Sioux Falls

November 17th Westside AA Poultry Party/ Potluck
Potluck from 5:30 p.m. to 7 p.m.
Bingo for Turkeys starts at 7:30 p.m.

November 18th Web Committee Meeting
6:00 PM, Caribou Coffee Meeting Room
1924 S. Minnesota Ave

Contact Brad S. 605-310-6459

November 26th Helpline Committee Meeting
8:00 PM Caille Branch Library Meeting Room
4100 S Carnegie Cir. Sioux Falls
Contact Scott E. – 605-376-6185

Sioux Falls Area Intergroup meets 5:00pm on Sunday, December 2nd, 2007

At Westside Alano, 1509 W. 1st, Street, Sioux Falls, SD. Come and Serve.